Easy Grip

Many pens, utensils, and styluses can be difficult to grasp or keep from slipping. To make these easier for gripping and holding, we add flexible refrigerator water tubing to loop around the hand and rubber shelf lining for padding and slip-prevention.

For more info, contact Alice Shriver:
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Parts: 1 piece of ¼” vinyl refrigerator tubing (18” long); 1 5”x12” rubber shelf liner; 3 strips of ¾” rubber self-adhesive tape or 1” silicone self-adhesive tape (each piece 6” long).

1) First, we need to size the tubing. Wrap the piece of tubing around the knuckles of the hand about one and a half times – not tightly! This should make a loop with overlapping ends. Trim excess tubing as-needed.

2) Next comes the tricky part (have a friend help if you need it)- hold the loop so that the side of the loop with the overlapping ends lays flat along the handle of the utensil, pen, or stylus. Adjust the amount of overlap so that this flat part of the loop is slightly wider than the knuckles – enough to easily move your hand in and out of the loop. Trim any excess tubing as-needed.
3) Now we can secure the loop. To hold the loop onto the utensil, pen, or stylus, wrap self-adhesive tape around the middle of the overlapping section of the tubing. Wrap two more pieces of tape toward the ends of the tubing.

4) Finally, we can add the shelf liner. Wrap the rubber shelf liner around the overlapping section of tubing. *Only add as much shelf liner (padding) as is comfortable.* Once that’s done, wrap a piece self-adhesive tape to the middle of the shelf liner. Follow with two more pieces of tape at the ends. These examples used two types of shelf liner: solid and perforated (with holes). Perforations may trap water and dirt but is softer or squishier.
It **PAYS** to **Do It Yourself!**

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**parts: less than $2.00***

- 18” ¼” vinyl refrigerator tubing $0.42 (hardware store: $2.82/ ¼ “x10’);
- 5”x12” rubber shelf liner $0.31 (home or hardware store: $8.99/18”x8’);
- three 6” pieces of ¼” rubber self-adhesive splicing tape $0.09 (hardware store: $2.48/ ¾ “x15’) or
  three 6” piece of 1” silicone self-adhesive tape $0.54 (hardware store: $12.50/1”x36’) .

*Note that the prices listed do not guarantee future purchase prices.

**Please compare prices at stores near you or online.**

Hardware store used: Home Depot, Lowes, Amazon.
Home stores used: Target, Amazon.